**Grading Procedures**

Participation= 95%

Test/Quizzes= 5%

**Weekly Schedule**

Monday-Weight Room = 10pts

Tuesday-Sport/Activity= 10pts

Wednesday- Sport/Activity= 10pts

Thursday- Sport/Activity= 10pts

Friday- Mile= 30pts

**Grading Percentages:**

100-90= A

89.9-80= B

79.9-70= C

69.9-60= D

59.9-0= F