

ATWATER HIGH SCHOOL
2201 FRUITLAND AVE.
ATWATER, CA 95301

PHYSICAL EDUCATION STAFF:

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Six Pillars Of Character

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Citizenship

PHONE NUMBERS

School Phone:

(209)357-6013

Girls Locker Room:

(209) 357-6020

Boys Athletic Locker

Room:

(209) 357-6023

Boys PE Locker Room:

(209) 357-6021

School Fax:

(209) 357-6065

Atwater High School

Physical Education Department

"CHANGING YOUR LIFE, ONE PUSH-UP AT A TIME!!"

Requirements

Students are required to:

1. Be in locker room by the tardy bell. (tardy issued)
2. Report to roll call within 7 minutes after the tardy bell.
3. Dress daily in PE Uniform (NO EXCEPTIONS)
4. Report all injuries to PE Teacher IMMEDIATELY!!



Grading Policy

1. **Participation:** involvement in curricular activities
2. **Skill:** teacher observation of skills performed and skill test.
3. **Knowledge:** written test, etc.

Grading Scale:

100-90=A.....89-80=B.....79-70=C

Medical Policy

A written doctor's excuse is required for a period longer than three days within a grading period. Long term medicals from a physician may be referred and screened by the Adapted Physical Education instructor. In meeting the needs of all students in physical education, the Merced Union High School District provides an Adapted Physical Education

Uniforms

The following are acceptable items for physical education clothing:

1. **Shoes**— laced or Velcro athletic shoes (no platforms, slip-ons, or roller shoes).
2. **Socks**— optional (nylons are not acceptable)
3. **Shirts**— Plain white t-shirts, designated Atwater Logo shirt, or any award PE shirt
4. **Shorts**— BLUE athletic gym shorts (no jeans, zippers, or buttons)
5. **Sweats**— BLUE sweatpants, white, blue or gray sweatshirts or any AHS logo sweatshirt.

**NO STREET CLOTHES
MAY BE WORN UNDER
YOUR UNIFORM.**

Dress Policy

- 1st Non-Suit:
Warning and call Parent
- 2nd Non-Suit:
Warning, Parent Contact, After school Detention
- 3rd Non-Suit:
Counselor Referral and Saturday School
- 4th Non-Suit:
Parent, Teacher, Counselor Conference and Sat. School
- 5th Non-Suit:
Student assigned OCS and meet w/ AP
- 6th Non-Suit:
Student receives "F" for semester, Parent Conf and removal from class for rest of semester

National and State Standards for Physical Education

1. Demonstrates competency in many movements forms and proficiency in a few movement forms.
2. Applies involvement concepts and principle to the learning and development of motor skills
3. Exhibits a physically active lifestyle.
4. Achieves and maintains a health-enhancing level of fitness.
5. Demonstrates responsible persona and social behavior in physical activity settings.
6. Demonstrates understanding and respect for differences among people in physical activity settings.
7. Understands that physical activity provides opportunities for enjoyment, challenge, self-expression, an social interaction.

PE Equipment and Facilities

1. **PE Complex**— any student found in an unsupervised room or area without an instruction will be referred to the office.
2. **Gym**— only tennis shoes are allowed on the gym floor.
3. **Locker Rooms**— the locker room is provided for dressing and showering only.
4. **Lockers**— each student is assigned a locker w/a lock. DO NOT SHARE LOCKERS
5. **Holding Areas**— Students must remain behind boundary line until the passing bell. (RED LINES)

Atwater High School Physical Education Department

Dear Parents and Guardians:

I am requesting medical information from you, so I may better understand the general health, medical condition(s), medication(s), allergy(ies), and/or behavior(s) of my students. I thank you for assisting me with this endeavor.

General Condition of Health:

Medical Condition(s):

Medications (Please list dosage and frequency):

Allergies:

By signing this form, you understand that what you have read on the previous page is our policy. Our goal is to give your child a basic knowledge of a life of physical fitness.

Print Student Name

Student Signature

Parent Signature

Date

Class Period

PE Locker Number

Phone Number